### Your ultimate office laptop station

## Ergo-Top



- Using an Ergo-Top improves body posture and comfort level
- Integral document holder
- Laptop use without a proper laptop holder should be limited (European guidelines)
- Secure the Ergo-Top, mouse, keyboard and laptop with only one laptop lock
- Money saver: no external monitor or docking station is needed.
- A smart and elegant design: Winner of Good Industrial Design Award





The use of laptop computers certainly make our lives easier. This convenience however comes with a drawback. Due to the low positioning of the laptop screen and the fixated keyboard, most laptop users maintain a hunched-over body posture while working. However practical the laptop PC may be, it is, from an ergonomic point of view, not desirable to use it for extended periods of time.

The Ergo-Top provides the perfect solution for this problem and provides a true ergonomic workstation. By placing your laptop on the Ergo-Top, you can adjust its height so that the monitor level is both comfortable and safe. The Ergo-Top also includes a document holder, which conveniently positions documents just below the laptop screen to minimize undue head and neck motion. By using the Ergo-Top in combination with a separate keyboard and mouse you can easily create an ergonomic workstation!





Ergonomic innovations

#### Your ultimate office notebook stand

# Ergo-Top

#### Legal requirements for laptop computing

By European legislation, employers are obliged to take proper measurements to prevent physical discomforts among their employees. Separate from the screen the keyboard needs to be both tiltable and freely movable to allow a comfortable working position avoiding fatigue in the arms and hands. In addition one must be able to increase the height of the screen by placing a support underneath the monitor. The document holder requires to be stable, adjustable, and positioned so as to minimize uncomfortable head and eye movements. These guidelines do not only apply to desktop computers but also to laptop computer stations. Hence without additional precautions intensive laptop use is prohibited. In some European countries, e.g. the Netherlands, laptop use for a period of more than two hours per day is forbidden. Using an Ergo-Q in combination with an external keyboard complies with legal workplace requirements and the laptop user is no longer restricted to two hours per day of laptop usaae.



Recent studies in Sweden and the Netherlands show that working with the Ergo-Q results in significant improved body posture, more comfort, less musculoskeletal pain and injuries and higher productivity.



Integral document holder



Five possible height settings



Ultra-portable; includes own carrying case



Aluminum sandwich material (Hylite)

Rubber anti-slip feet

Hard foam inside protection

**Dimensions** 

folded (wxdxh): 247 x 340 x 14 mm

in use (wxdxh): 247 x 340 x (182-245) mm

Weight

690g





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